

# MONKEYPOX FAQs

## WHAT IS MONKEYPOX?

Monkeypox is a virus discovered in a monkey in 1958. Historically rare in the United States, there has been a global surge in cases in 2022.

## WHAT ARE THE SYMPTOMS OF MONKEYPOX?

Symptoms typically appear 6–13 days after exposure but can take up to three weeks to appear.

- Rash that looks like pimples or blisters on face, inside of the mouth, hands, feet, genitals or anus
- Fever
- Headache
- Muscle aches
- Swollen lymph nodes
- Chills
- Exhaustion

## HOW DOES MONKEYPOX SPREAD?

Monkeypox is spread through:

- Contact with infectious rash, scabs, or bodily fluids
- Respiratory secretions during prolonged contact such as kissing, cuddling, sex or chestfeeding
- Touching contaminated clothing or linens
- Pregnant people can spread to their fetus through the placenta
- Contact with or consumption of infected animals

People are contagious from onset of symptoms until rash is fully healed and a fresh layer of skin has formed. Symptoms usually last 2–4 weeks. Those without symptoms cannot spread the virus.

## WHAT DO I DO IF I THINK I HAVE BEEN EXPOSED TO MONKEYPOX?

- Isolate yourself until you can see a healthcare provider.
- Vaccinations are available for those with known or presumed exposures to the monkeypox virus.

## WHAT VACCINES ARE AVAILABLE?

- ACAM2000 vaccine
- JYNNEOS vaccine (also known as Imvamune or Imvanex) in limited supply will be administered by health authorities to:
  - People identified as a known contact of someone with monkeypox
  - Presumed contacts with a sexual partner who was diagnosed with monkeypox in the past 14 days
  - Presumed contacts who have had multiple sexual partners in the past 14 days in an area with known monkeypox

People can be vaccinated following exposure to monkeypox to help prevent illness. CDC recommends vaccine be given within 4 days from exposure. Health authorities will determine who gets the vaccine.

## HOW DO I GET THE VACCINE?

Vaccines are meant for individuals already exposed to the virus and are only available through local health departments at this time. Please contact:

- Carson City, Douglas, Lyon & Storey Counties:  
Carson City Health and Human Services  
775-887-2190
- Clark County:  
Southern Nevada Health District  
702-759-1200
- Washoe County:  
Washoe County Health District  
775-328-2402
- Rural communities:  
contact local health authority  
or community health nurse